



THE AUSTRALIA NEW ZEALAND SANDPLAY THERAPY INSTITUTE

ISST SANDPLAY THERAPY TRAINING

Qualify at the recognised international standard

Offer your clients profound transformation

Learn how with our international experts

go to: www.STANZA.asn.au

- open pathways to the psyche's deep healing, reparation and growth to maturity
- nurture healing of distress, neuroses, experienced trauma, mental, emotional or somatic suffering, and blockages to the Self
- return your clients to balance, to living meaningfully and well

Sandplay Therapy is a multi-levelled, potent and transformative healing methodology informed by the work of CG Jung. The International Society for Sandplay Therapy [ISST] is the professional body for those trained in the Sandplay Therapy methods of its Founder, Dora Kalff, Jungian Analyst, colleague and friend of CG Jung

This affordable program is suitable for qualified Therapists, Counsellors, Psychotherapists, Psychiatrists, Social Workers, Play Therapists, mental health professionals or advanced students who want to work with depth Sandplay Therapy

The ANZ Sandplay Therapy Institute presents a complete and comprehensive curriculum with all modules accepted by ISST, PACFA, ACA and other bodies for professional development credits
Please email enquiries to admin@stanza.asn.au

ANZ-STI 2018 FACULTY



Fundamentals of Sandplay Therapy

Online NOW or Brisbane April 14 & 15

Heather-Lesley-Swan, Dip Law, Grad Dip Comm.M, Grad Dip Couns, M.app Psychoth, ISST Certified Sandplay Teacher

Heather Lesley-Swan is an Analytic Psychotherapist, ISST Sandplay Teaching Member, Supervisor and Educator. She lectures globally and maintains a Jungian Sandplay practice in Sydney. Heather is Principal of the Australia New Zealand Sandplay Therapy Institute, a not-for-profit organisation founded to ensure access to globally validated Sandplay Therapy education to the helping professions in Australia New Zealand. Participants will learn or review the key aspects of Dora Kalff's Sandplay Therapy as a solid foundation for advanced learning. **This introductory program is a prerequisite for 2018 advanced modules.** It is suitable for Psychologists, Psychiatrists, Psychotherapists, Counsellors, School Counsellors, Social Workers, Trauma Therapists, Play Therapists and those who want to work with depth Sandplay Therapy.



Therapist, Process and Neural Integration

23, 24, 25 March 2018

Dr Lorraine Freedle, Ph.D., ABPdN, ABSN, ISST Certified Sandplay Teacher

Dr Freedle's renowned research and clinical practice centres on multi-sensory forms of psychotherapy and the process of neural integration in the treatment of trauma and impeded psychological development in adults, adolescents and children. Participants will deepen their therapeutic connection to Sandplay through appreciation of structure and form, symbolic themes, therapeutic framing and links to current neuropsychology through experiential activities, presentations and compelling clinical case studies. The training of the therapist, including requirements for international Certification will be outlined.

Sandplay with Children – Sandplay with Adults

4, 5, 6 May 2018

Dr Alexander Esterhuyzen, BSc Hons, MB ChB, MRC Psych, CCST, IAAP ISST Certified Sandplay Teacher

Dr Esterhuyzen has held roles as Consultant Psychiatrist in Psychotherapy and clinical head in major UK health services as well as his role as Senior Psychoanalyst with the Independent Group of Analytical Psychologists, London. Alexander is the current President of the International Society for Sandplay Therapy, and Past President of the British and Irish Sandplay Society. Similarities and variations of working with children and with adults will be addressed. Practical considerations of communicating with parents, school, employers, setting boundaries and holding the therapeutic frame will be addressed. Theoretical concepts of generic needs will be examined, including clinical examples related to age and stages of psychological development. Clinical material will show how psychic wounds, especially those related to trauma and attachments disorders are healed. Resolution of regressions, resistances and unconscious defences as clinical indications of impeded or stalled psychological development in Sandplay case material will be evidenced.



Fairy Tales in Jungian Sandplay

3, 4, 5 August 2018

Sarah C Gibson, MFA, Dip Analytical Psychology, ISST Certified Sandplay Teacher

Sarah Gibson is a Jungian Analyst (ANZSJA/IAA) and Sandplay Therapist (ISST) in private practice in Sydney. She is a Training Analyst, has extensive Jungian Sandplay Therapy experience and is an acknowledged leader in this field in Australia. Sarah is also an accomplished artist and filmmaker, with a particular interest in Sandplay, story and creativity. Fairy tales offer psychological insights for adults and children facing the complexities of life, the challenges of individual, and healing. This module will enhance the Sandplay Therapist's knowledge of the ways clients may be using fairy tale motifs and symbols both consciously and unconsciously. Psychological interpretations of traditional fairy tales will be amplified through focussing on the archetypes in specific tales. Participants will develop their familiarity with fairy tale motifs and symbols in their own sandplay collections.



Symbolic Attunement - the Therapist as Instrument

23, 24, 25 November 2018

Alexander Esterhuyzen, Bsc Hons, MB ChB, MRC Psych, CCST, IAAP, ISST Certified Sandplay Teacher

Please see above. Dr Esterhuyzen is a gifted therapist and teacher, with deep attunement of the symbolic and its resonance in the Sandplay Therapist. The ways symbols (personal, familial, cultural and archetypal) mediate between levels of consciousness along with the activation of Jung's transcendent function will be seen in clinical cases. Participants will deepen their understanding of symbolic expression in sandplay. The role of the therapist's presence and witness and embodied ability to hold intra-psychic and inter-psychic paradox in the relational field will be reviewed. Participants will enhance practical skill in managing transference and counter-transference in service of the client's unique sandplay process.

